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# ANNUAL REPORT 2015-16

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Integrated  
Women  
Development  
Institute (IWDI)

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No.14/57 ,Thiru Nagar , Villivakkam,  
Chennai-49

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**INTEGRATED WOMEN DEVELOPMENT INSTITUTE**

**(IWDI)**

**ANNUAL REPORT**  
**2015-2016**

**INTEGRATED WOMEN DEVELOPMENT INSTITUTE**

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# ANNUAL REPORT – 2015 -2016

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**Dear Friends,**

Thank you for making 2015 - 2016 yet another remarkable year for **Integrated Women Development Institute, Chennai**. This year marked a 25<sup>th</sup> years of service for the organization. Our dedicated staff has done an incredible job at expanding our outreach while strengthening our programs and services. We have once again been able to increase the value of services delivered directly in the field of women and children, differently able, homeless men and women in the deprived communities.

**A few program highlights include:**

## **Women Development Project**

*Tamilnadu Corporation For Development of Women Ltd, Government of Tamilnadu*

## **Handicrafts Development**

*Ministry of Textiles, (Handicrafts), Government of India.*

## **Family counseling centres**

*Central Social Welfare Board, Government of India*

## **Shelter for homeless for men and women**

*Greater Corporation of Chennai, Government of Tamil Nadu*

## **Credit facilities to Poor women members in SHGs**

*NABARD Financial Services(NABFINS), Bengaluru , India*

## **Community Based rehabilitation programmes for disabled**

*CARITAS India, CBR Forum, Bengaluru , India*

## **South India flood response programme**

*Oxfam India, Habitat for Humanity –India, and Individual donors*

Integrated Women Development Institute is stronger than ever due to our continually expanding community development programmes, who comes together to donate time, resources, and talent in support of our important mission. This year alone we worked with seven supporters and assisted to 30000 families and also with our donors support has assisted to expanding our women empowerment through economic sustainability and youth empowerment programs.

On behalf of the board members, beneficiaries and staff members, I thank you for wholeheartedly to all the well wishers, ministries in central and state, national and international donor agencies for their generous support and part of the Integrated Women Development Institute towards the poverty alleviation, networking, technical support, policy advocacy and other such services for the past 25 years.

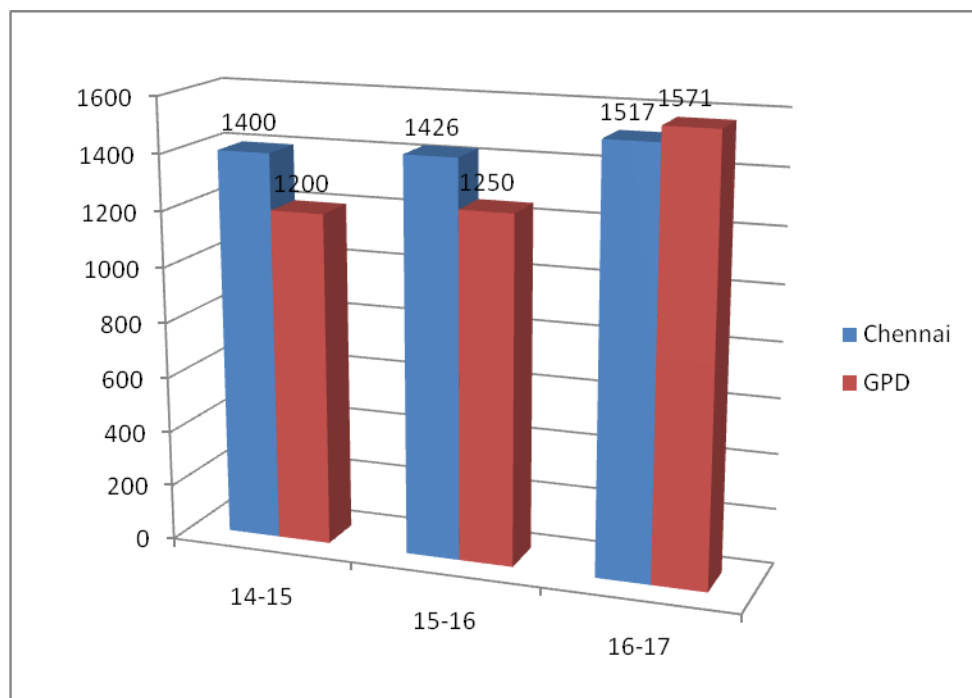
**V. Celinal Paul Daniel,**  
**Secretary**

## **Tamilnadu Corporation For Development of Women Ltd, Government of Tamilnadu**

### **Women Development Project:**

Tamil Nadu is the pioneer state in implementing women development project with the assistance of Tamilnadu Corporation For Development of Women Ltd, Government of Tamilnadu, since the inception of the concepts IWDI had been working with the government to form and strengthen the women members through the structured manner. IWDI formed SHGs in chennai urban slums and Gummudipoondi block of Thiruvallur district. In both the places, it's approved by the Government of Tamilnadu to undertake the initiatives on Development of poor women community.

The following table shows the growth of SHGs in Chennai and Thiruvallur



### **Credit Facilities from Nationalized banks**

Out of 1500 SHGs in Chennai urban and 1387 SHGs in Gummudipoondi block of Thiruvallur district availed credit facilities from Nationalized banks i.e, syndicate Bank, Canara Bank, Indian Banks, Chennai Co-operative Bank and Indian Overseas Bank, During this year the 700 Number of groups mobilized 21 crores and repaid 20 crores and with that credit, 700 number of Micro enterprises were started and that fetches the income to 700 number of families .

## Ministry of Textiles, (Handicrafts), Government of India.

### Programmmes on Skill Promotion:



Skills development is an essential element in improving the employability and potential productivity of the working poor and can be an important tool for reducing poverty and exclusion and enhancing competitiveness and employability. Education and skills can enable the working poor and vulnerable groups, such as persons in rural communities, persons with disabilities, or disadvantaged youth to escape

the vicious circle of inadequate education, poor training, low productivity and poor quality jobs with low wages. Women in these groups typically face additional difficulties or discrimination in accessing good quality training and using it to secure better work.

Ministry of Textiles, Regional handicraft center, Government of India, conducted with 8 skill promotional activities participation of each 20 members with the duration of 4 months.

### Design development workshop:

#### Objectives:

- ✚ To mobilize women in small viable groups and make facilities available through training and access to credit. To provide training for skill up gradation.
- ✚ To enable groups of women to take up employment-cum-income generation programmes by providing backward and forward linkages.
- ✚ To provide support services for further improving training and employment conditions of women.



Design is an art of creating beautiful, elegant, and innovative solutions, which works in the user and customer context. No process can guarantee a better design; creating the right environment and set of people is the only way to bring innovation. Seven design development workshops covering 30 participants per workshop with supported by Regional Handicraft Center, Ministry of Textiles, Govt. of India. The 15 days training programme covering - the crafts of Wood and Stone Carving, Sea Shell ornamentals products making, Bamboo Products and skill up gradation.

### **Exposure visits:**

Exposure visit means-to go to and stay with a person or family or at a place for a short time for reasons of sociability, politeness, business,curiosity, etc.: to visit a friend; to visit clients; to visit places to do better in their works. One exposure visit to Sea Shell Craft centers at Kanyakumari & Rameswaram arranged by IWDI for 20 women artisans in Cuddalore District.

## **Central Social Welfare Board, Government of India**

### **Family Counseling center (FCC):**

Family Counseling is a program of providing information and professional guidance to members of a family concerning specific matters of misunderstanding of husband-wife, health matters, such as the care of a severely retarded child or the risk of transmitting a known genetic defect. If it is needed, family counseling sessions may be used to help the individual and family members heal the wounds the drug addiction has caused and to address any other issues that may have contributed to the addiction in the first place. IWDI has running a Family Counseling Centre in Gummidipoondi with a professional counselor

since 2004 with the support of Central Social Welfare Board, Government of India. The center is having one social worker and one counselor to guide the deserving women who are approaching the FCC. the main objectives of the centre is to bring the peace and harmony among the community in and around the center locations , It's also address the needs of the family who comes with the disputes , and contributes further to build the happy families .



The district collector has also referring the selected cases for counseling and guidance for the deprived women that are approaching the center. It solved number of problems and more than 3500 women approached and got good guidance to solve their problems in a right way. In the



year 2015-16, the counseling center has provided the counseling to 245 cases and nearly 59 cases are facing the legal trials.

IWDI's FCC had identified the major problems which resulted in the need for women seeking counseling and guidance from the FCC

- ❖ Partner having extra marital affairs,
- ❖ Domestic violence, Harassment, Abuse
- ❖ Dowry problem, love affair
- ❖ Drug and/ or Alcohol abuse
- ❖ Lack of mutual Trust, Insecure feeling

## **Greater Corporation of Chennai, Government of Tamil Nadu**

### **1. Shelter programs for the Homeless:**

Chennai Corporation had selected IWDI for providing Care and Support to the people with no homes to stay and who were living in the pavements, streets, dilapidated buildings at Shelter homes. IWDI had been successfully running two homes, one at Ambathur for the Men and another at Valasaravakkam for the Women.

The sheltered inmates at the Shelter homes had been provided with counseling, decent clothes, nutritious food and necessary medical care for their ailments. IWDI had



provided recreation facilities

The staff at the Shelters had collected the personal history of the beneficiary in the format and the immediate needs of the person were analyzed. The counseling was based on the need assessment and the beneficiary was motivated to continue the livelihood activity one was pursuing. For those with no earlier livelihood venues, IWDI imparted skill development training in Zari embroidery, Candle making etc. All the inmates had been educated on personal hygiene

and proper sanitation measures to ensure better health status. IWDI staffs also strived to reintegrate them with their families wherever possible.

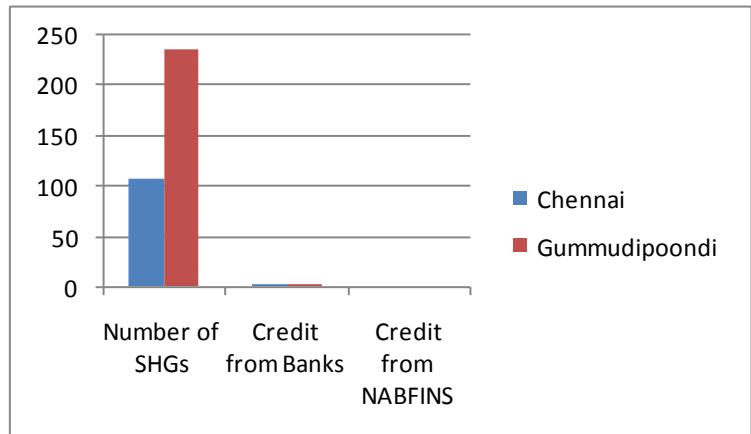


## NABARD Financial Services(NABFINS), Bengaluru , India

### Micro Credit to SHG members:

Every development needs the back up of monetary support or credit at low interest rates and IWDI's long standing with the Women SHGs in Chennai and Tiruvallur districts had helped the SHGs in obtaining direct micro credit from NABFINS, a division of NABARD during 2015-16. 2415 SHG members out of 2887 SHG members from 161 SHGs, had availed credit from NABFIN, ranging from INR 1.5 lakhs to INR. 10 lakhs per SHG.

The SHG members who had been availing credit from NABFINS had been motivated by IWDI to take up Life Insurance cover from LIC of India and all the members had taken the LIC Insurance cover.



### **Facilities from NABFINS**

IWDI is the business and development correspondent for NABFINS, from the beginning, IWDI mobilized 8.05 crores to benefiting 161 number of SHGs in both Chennai and Thiruvallur district.



# CARITAS India, CBR Forum, Bengaluru , India

## Promoting the rights of the persons with disabilities

### 1. Empowerment of the Disabled:

The program for the Empowerment of the Disabled had been supported by CARITAS, through CBR Forum, Bengaluru for the third consecutive year. During 2014-15, IWDI had successfully implemented the program initiatives and was able to bring in qualitative changes in the lives of the Disabled in Tiruvallur District. The highlights of the program are:

- 7 Leaders and Caregivers gained knowledge on mental health through BNI training
- 100% (5/5) CBR staffs gained knowledge about mental health.
- 537 No of children and adults with disability in the project area have an adequate level of health



- 60 of children with disability in the project area have improved level of self-care
- 260 of adults with disability in the project area have improved/ extended mobility
- 360 no of adults with disability have improve them behavior
- 149 CwDs and PwDs have improved their functional ability in daily living skills.
- 30 CwDs achieved intended academic

competencies.

- 126 of adult with disability engaged in productive activities and contributes to their family income PwDs are earning in private sector and NREGAS, and other service sectors and supporting their family needs
- 320 person with disabilities has accessed various social security benefits and skill development opportunities through support from local communities PWDS were Govt entitlements & social development opportunity.
- 11 joint initiatives taken were by the DPOs along with the villagers to access entitlements and services
- 43 villages of villages have active intervention for inclusion and development of PwDs through the involvement of DPO members

## Health

- ❖ 12 PwDs utilized ID cards effectively
- ❖ 5 PwDs Received aids and appliances
- ❖ 12 PwMI accessed to psychiatric treatment and medician
- ❖ 12 CwDs getting physiotherapy support improved their functional abilities .
- ❖ 100 % 4/4 supportive groups are formed and helping hand to parents of CWDs
- ❖ 15 PwMIs stabilized
- ❖ 12 PwDs received ID cards
- ❖ 100% 19/19 severe disabilities have a home based support.



## Education

- ❖ 4 schools have a children's clubs
- ❖ 21 teachers had gained the knowledge through SSA trainer
- ❖ 6 CWDs has to applied education scholarship.
- ❖ 10 CwDs engaged on games
- ❖ 15 Nos of CwDs were achieving their academic standards.
- ❖ 3 CWDs enrolled in anganwadies or availed the services from ICDS indirectly
- ❖ 100% 19/19 CwDs received home based education skill like color identification,drawing,shapes names

## Livelihood

- ❖ 17 PWDs engaged in MGNREGS employment.
- ❖ 7 PWDs received loan from NRLM & CBR livelihood supporting fund.

## Social

- ❖ 250 PWDs participated in Social,Cultural,Recreational and Religious activities
- ❖ 4 PWDs got married
- ❖ 20 Govt official attend PRI meeting and sensitized PWDs needs
- ❖ 4 Panchayat clerks are good cope up with PWDs
- ❖ 16 VDPO members participate suyamvaram
- ❖ 2 VDPO members selected on marriage mela



## Advocacy and Empowerment

- ❖ 42 DPO leader's have empowered to function effectively
- ❖ 3 Core committee members resolve district level issues and block level issue,like ID card,PHP
- ❖ 35 VDPOs conduct regular meeting have linkages with CBOs
- ❖ BDPO is generate local funds provided District Suyam Varam programme.
- ❖ 2 VDPO is formed during this period

## **CASE STUDY – MENTAL HEALTH INITIATIVES**



Mrs. Gomathi aged 34 suffering from Mental illness for the past 2 years, he is residing in a remote village named Erukuvoyal of Gummudipoondi Block, Thiruvallur district, Tamilnadu. His Husband name is Kumaresan, depend on their livelihood by engaging a coolie works in the agricultural field. The CBR team identified her when the team involved in baseline survey, during the initial period the CBR were not aware of the cause and consequences of the mental illness and worried for whether this may curable or not. When we enquired about the reason for the illness is her child was also a mental retard so, she always thinking about her child's future and problems. Then she felt into depression; this depression leads to mental disorder. Our staffs were identified this case and discussed with her families to refer to local General Hospital for medical intervention. The team visits her house regularly for getting to know the status of Mrs. Gomathi. We have also motivated the VDPO to observe, track the changes happening in his health condition, The VDPO members shared the positive progress in the health condition of Mrs. Gomathi while they shared during the review meeting conducted.

After the years of treatment, now she herself done the household works independently ie., washing utensils, cooking, caring of milch animals etc., the team also facilitated to get the medicine in the taluk hospital too. This methodology works better and not he is getting stabilized.

The Positive change in the health condition of Mrs. Gomathi, now her husband, the family members, the relatives were very happy and they included in her family too.

## **Oxfam India, Habitat for Humanity –India, and Individual donors**

### **South India Flood response Programme**

#### **Flood:**

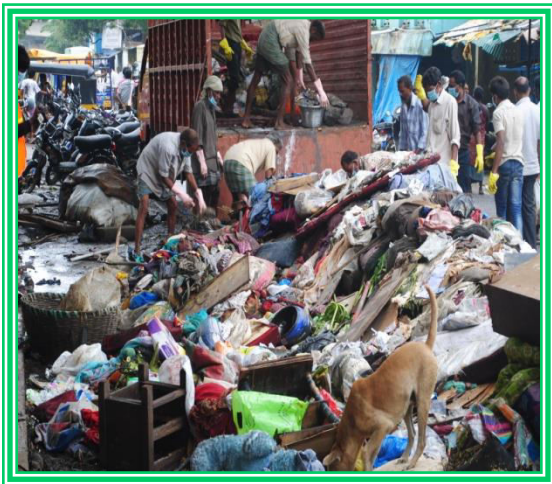
The flood occurs on 1<sup>st</sup> and 2<sup>nd</sup> December 2015, water entered into the houses at 1<sup>st</sup> afternoon and remained till 3rd evening, nearly 7 feet of water entered in the houses in Annai Sathya Nagar slum, since the inhabitants never expected and never seen before the water level in their life span. And they are not ready to face the problems and losses generated by the flood. All the inhabitants temporarily shifted to the nearby school for settlements and provided with necessities with the support of individual donors and government.



## **The New Colony of Koyambedu**

The Koyambedu New colony badly affected by the flood, which leads to unhygienic condition, for helping them to live safe, the experts decided based on the request made by the community leaders to clean the debris in the streets which was produced by the flood situation. Nearly three days from 08.12.2015 to 10.12.2015 with the 10 laborers hired and cleaned with the help of lorry and other mechanized machineries, now the community feel happy about the situation in new colony.

### **BEFORE**



### **AFTER**



## **Tablets Distribution**

The Team of Oxfam experts reached here Chennai to study the situation and working on the relief cum rehabilitation works, through them we distributed the 80000 tablets in three most affected slums namely Annai sathya nagar, Sivasakthi nagar and Rajiv Gandhi Nagar. This tablets and education inputs from the experts really helped the slum peoples to have protected and safe drinking water. Local SHG leaders were utilized to proper distribution of tablets to the door steps and Orientation meeting was conducted before initiating the distribution.



The detailed breaks up for the tablets distribution are

Annai Sathya nagar 95 Families

Rajiv Gandhi Nagar 238 Families

Siva Sakthi Nagar 1000 Families

### **Construction of Toilet unit**

After sanctioning the project, IWDI started to identify the place where the toilets to be constructed with the support of local administrative members, identified and started to work on getting sanctioned by the concern authorities .

### **The location map is attached in annexure number 1**

We have formed the community group to manage the construction work like procurements and quality construction of toilet unit. The gender balanced committee was formed with the facilitation support of project officer from OXFAM –India.

All the construction works was completed on 28.02.2016 and handed over to the users group on 04.03.2016 in the presence of programme officer from OXFAM India.



### **Community Mobilization meeting**

The trained PHP supervisor along with the community volunteer conducted the participatory Rapid appraisal meeting with the community members on 27.01.2016 to identify the issues pertaining to water and sanitation. Nearly 60 women and 10 men members participated the meeting, shared their views for improving the condition of the slum.





### PHP Trainings to Volunteers, local stake holders

PHP training to volunteers and local stake holders was conducted on 11.02.2016 by the trained trainer, during this programme many hygienic and good health practices was taught by the trainer and also mock exercises were conducted , this gives the impression to the participants that will follow the methods in future , helps to rectify the wrong method that they are practicing .





### **Door to door education:**

Community volunteers appointed got trained specially by the expert from **OXFAM –India**; they have utilized the resource materials available with us, explained the concepts of good health practices and also observed the present practices of health and sanitations. They covered the entire population, educated the concepts of health.



### **Water Point Rehabilitation**

Damaged two water points were renovated with the assistance of OXFAM –India, all the leakages and damaged construction was built again , pipeline was establish the let out the waste water in to the canal.



## **Distribution of Emergency Shelter and Hygienic kits**

Baseline survey reveals that there are 673 households in Annai Sathya Nagar slum, with the generous support of OXFAM –India , we have distributed 505 households kits on 28.02.2016 at School play ground , Singaram Pillai Higher secondary school at Villivakkam, The OXFAM team really helped in the peaceful distribution of kits to Annai Sathya Nagar Slum, The remaining distribution of kits done on the next day at our office campus with the presence of Mr Jana Alam , WASH Officer, OXFAM , Chennai .



## **Utilization of Materials and Buildings**

All the relief materials utilized by the beneficiary families properly, and it was confirmed by our regular field visits, and the Toilet block started functioning, this toilet unit helps the young girls and women for safe and secured place for their long standing problems.



In addition to the above project activities, the OXFAM India, generously contributed VESTGAARD community water filter to the Government Girls Higher Secondary School, SIDCO NAGAR, school where majority of Annai Sathya nagar students are studying, totally four units were provided to the school that caters the needs of 760 girl students to have a access of good portable water.

